

CHESTERFIELD BASKETBALL LEAGUE

PLAYING RULES & PROVISIONS

2016 SEASON

Approved 09/21/15

CONTENTS

I.	<u>CONDUCT</u>	Pages 5-7
	Objectionable Language Penalties for Unsportsmanlike Technical Fouls Bench Technical Fouls Coach, Player and Spectator Improper Conduct Players on Suspension Actions by the Executive Board for Non-compliance of the Rules	
II.	ASSOCIATION REQUIREMENTS/RESPONSIBILITIES	Page 7
	Concussion Policy Chesterfield Schools Smoking Policy	
III.	<u>COACHING REQUIREMENTS</u>	Pages 8
	General Requirements/ League Approval of Coaches Division Age Requirements for Approved Coaches Restrictions for Coaches Allowed on the Bench During a Game Chesterfield County Background Check Requirement Display of the Background Check Card First Year Coaches	
IV.	<u>GENERAL LEAGUE PROVISIONS</u>	Page 9
	League Age Requirements Residency Requirements	
IV.	<u>PLAYER ELIGIBILITY</u>	Pages 9-10
	Age Requirements Home School Students Restrictions Due to Participation in Formal School Basketball Programs Registration Forms Birth Certificates Association Residency Requirements Free Agents Association Releases	
V.	<u>LEAGUE ROSTERS AND AGE BRACKETS</u>	Pages 10-11
	Information Required to Complete Rosters Requirements to Change a Roster League Age Brackets	

VI. PRACTICE	Notification of Practice Times and Locations	Page 11
VII. LEAGUE SCHEDULES	Regular Season Play Post Season Play	Pages 11-12
VIII. GENERAL GAME PROVISIONS (Rookie – Senior Divisions)	Rules Authority Prohibition Against Changing Rules Tie Games League Officials Presence at Games Requirements for a Clock Operator Responsibilities of the Home Team Game Starting Times Policy, Players Required to Start a Game Requirements for Team Scorekeeper Authorized Bench Personnel and Bench Conduct Coaches Conduct During the Game Policy for Personal Basketballs at a Game Game Score to Initiate Non-Press Condition Cheer Leaders Half Time Presentations Inclement Weather Information for Game Cancellation Protest Procedures	Pages 12-14
IX. UNIFORMS & EQUIPMENT (Rookie – Senior Divisions)	Uniform Requirements Prohibited Articles, Jersey Removal	Pages 14-15
X. PARTICIPATION (Rookie - Senior Divisions)	Player Participation Rule Must Sit Rule Policy Allowing Players to Temporarily Change From B to A Level	Page 15
XI. PLAYING TIME (Rookie - Senior Divisions)	Game Playing Time for Rookie – Intermediate Divisions Game Playing Time for Junior Division Game Playing Time for Senior Division	Page 15

XII. SCOREBOOKS & GAME ROSTERS

Page 16

Determination of Home Bench
Completion of Scorebooks & Rosters
Reporting Scores

XIII. PLAYING RULES & PROVISIONS PER DIVISION

Pages 16-20

- A. Senior Division
- B. Junior Division
- C. Intermediate Division
- D. Nets
- E. Minor Division
- F. Bear & Cub Divisions
- G. Rookie Division

IX. APPENDIX – DEFINITIONS

- A. Ineligible Players
- B. Illegal Players

Page 21

PLAYING RULES AND PROVISIONS 2016 SEASON

Approved 09/21/2015

Welcome to the Chesterfield Basketball League. The purpose of this League is to develop character and improve the physical well-being of Chesterfield Youth while they enjoy the game of basketball. The following codes of conduct, regulations and general rules have been enacted in order to achieve the goals established by the League and to provide organization, safety and security for participants and spectators.

I. CONDUCT - COACHES, PLAYERS AND SPECTATORS:

The League and Executive Board expects all players, coaches, parents, and spectators to exhibit a high standard of sportsmanship and to observe all published rules and regulations of the Chesterfield Basketball League as well as those of the Chesterfield County Parks & Recreation Department and the Chesterfield School Board. While not attempting to list all actions which might be considered detrimental to a youth basketball program, it has become necessary to spell out some of them because of the conduct of some players, coaches, parents, and spectators during past seasons. Accordingly, the following actions will result in disciplinary measures being taken:

1. **PROFANITY WILL NOT BE TOLERATED FROM PLAYERS, COACHES OR SPECTATORS AT ANY TIME. COACHES WILL BE RESPONSIBLE FOR THE CONDUCT OF THEIR PLAYERS AND THEIR ASSOCIATION PARENTS AND FANS DURING ALL GAMES.**

2. **ONE (1) COACH OR PLAYER TECHNICAL FOUL FOR UNSPORTSMANLIKE CONDUCT will result in automatic ejection from the game. The offending coach or player will be required to immediately leave the gymnasium area before play is resumed, will be suspended for the next regularly scheduled game and will not be allowed to be present in the gym for the next scheduled game. Failure to comply with this rule will be grounds for forfeiture of the game by the offender's team. TWO (2) bench technical and/or player technical fouls in one game will result in automatic forfeiture of the game. (This excludes technical fouls called as a result of playing rule violations (i.e., illegal time-outs, minors pressing in the back court, incorrect number of players on the floor, etc.). Both coaches from each team must report any ejections for technical fouls to the league commissioner within 24 hours. Failure to do so, will double the above penalty.**

3. **Any team that loses TWO (2) games in any ONE (1) season due to forfeiture of the two games because of unsportsmanlike technical fouls will be suspended from further league play for the entire season. The record for the team will not be used to compute any post season standings.**

4. **All bench technical fouls will be charged to the offending individual, if the offender can be determined by the referee. If the referee cannot determine the offender, the bench technical foul will be charged to the Head Coach.**
5. **The REFEREE will warn the Head Coach when his TEAM FANS are displaying improper sportsmanship.** The referee may impose a technical foul on the Head Coach if the fans continue improper behavior. These technical fouls will be bench technical fouls and will be charged to the Head Coach.
6. Any Voting Representative, Commissioner or Officer of CBL, who also serves as a coach or an assistant coach will exhibit the highest standard of sportsmanship. If a game has to be forfeited because of technical fouls, or if there are three (3) technical fouls called against the Coach/Assistant Coach/Voting Rep Commissioner/Officer, during a season, he/she could forfeit his/her position with the CBL Board and/or as a Voting Representative.
7. Should any player or coach participate in a fight, threaten or challenge any referee or League Official, the offender will automatically be ejected from the game and placed on suspension. The Executive Board will review the incident and determine the appropriate penalty which could result in suspension from further League activities for the remainder of the year (including playoffs). Should a parent or fan threaten or challenge, in any manner, a referee, CBL and/or League Official or gym security Officer, before, during or after a game or participate in a fistfight, their child (if applicable) will be suspended for a minimum of **four (4)** games. The offender (player; coach; parent; fan) will be requested to leave the gymnasium area and/or the Chesterfield Police Department will be summoned. If the conduct of a team requires the League to provide Police security at a gym, the League will require the team's association to pay for the security officer.
8. Any player, or players who are on the bench and leave the bench during any altercation between players participating in the game, will be ejected from that game and suspended for the next two games. This will also result in an automatic forfeiture of the game. If both teams have players who leave the benches, it will be a double forfeiture.
9. **Any player who has been expelled or suspended from CHESTERFIELD COUNTY SCHOOLS cannot participate in any CBL practices or games during the suspension period.** The above ruling is in compliance with Chesterfield County School policy which requires that students who are on out of school suspension (OSS) **CANNOT** be on any school property during the suspension. CBL does not consider the suspension period to be completed until the participant has attended one day in school following the suspension period.
10. All coaches, players, other participants and spectators are additionally required to abide by the most current version of Chesterfield County Parks and Recreation Code of Conduct as published on the County website and the current County sports manual.

11. Coaches, team personnel, sponsors, parents, fans, cheerleaders or Associations found to be in violation of the above rules or who take any action which the Executive Board considers to be detrimental to the youth basketball program, are subject to swift and severe disciplinary action rendered by the Executive Board and/or Chesterfield County under provisions of the Code of Conduct. The Executive Board will rule on the merits of each individual case.
12. If an offender refuses to abide by the above rules or penalties, CHESTERFIELD COUNTY POLICE WILL BE CALLED TO ESCORT OFFENDERS FROM THE CHESTERFIELD COUNTY SCHOOL PROPERTY. The Executive Board endorses the issuing of warrants for the arrest of offending parties, IF NECESSARY.

II. ASSOCIATION REQUIREMENTS/RESPONSIBILITIES:

1. CONCUSSION POLICY

Effective July 1, 2014, the General Assembly of Virginia approved an amendment to Code of Virginia 22.1-271.5 regarding concussions. Chesterfield County now requires all cosponsored recreational programs to have a concussion policy which follows the guidelines outlined in 22.1-271.5. The Chesterfield Basketball League Executive Board has endorsed this requirement, effective July 1, 2014 and requires each association develop a policy and program to provide training to comply with the above law prior to the initiation of the 2015 season for practice and or games. Revised team registration forms will now have an area to indicate the coach has successfully passed the concussion training and the date the training was completed. It shall be the responsibility of each association to insure this training was successfully completed or the individual applying for a coach's position (head coach or assistant) will be ineligible to coach. The Centers for Disease Control (CDC) offers information for concussion training and certification at www.cdc.gov/Concussion.

2. CHESTERFIELD COUNTY PUBLIC SCHOOLS SMOKING POLICY

Effective July 1, 2015, the School Board of the Chesterfield County Public Schools enacted School Board Regulation 4010-R **prohibiting the use of tobacco products and electronic cigarettes on all school division property.** School property is defined as the interior and exterior of all schools, athletic facilities including concession stands and restrooms, school grounds including lawn areas, sidewalks, driveways, parking lots, playgrounds and bus loops. **It will be the responsibility of each individual association** to notify parents and spectators of this policy and request anyone observed violating the policy to safely discard the tobacco product that is in use. This will include any practice times at a school facility as well as games. If an individual refuses to comply with the policy, they will be asked to leave the premises in addition to other possible consequences. Assistance for your association when a person refuses to comply can be obtained through the Parks & Recreation hotline at 748-1624. The entire policy is available on the Chesterfield County Public Schools website.

III. COACHING REQUIREMENTS/RESPONSIBILITIES:

1. The CBL Executive Board must approve all coaches. All team and Association personnel must be of unquestionable moral character. The use of an ineligible coach, whether ineligible for CBL certification and/or County Background Check Policy, shall warrant forfeiture of the game and removal of the coach.
2. The Head Coach of each team must be at least **TWENTY-ONE (21)** years of age on/or before the first practice session except for the Senior Division. SENIOR DIVISION coaches must be at least **TWENTY-FIVE (25)** years of age. Assistant Coaches must be at least **EIGHTEEN (18)** years of age except for the Senior Division. SENIOR DIVISION assistant coaches must be at least **TWENTY-ONE (21)** years of age. At no time shall a team enter into competition with another team (scheduled League Games) without the supervision or coaching of a person at least **TWENTY-ONE (21)** years old. **The individual that is acting as Head Coach and/or any assistant coach that is listed on the roster must meet all requirements as established by the Chesterfield County Background Check Policy AND must be certified by the Chesterfield Basketball League.**
3. Each team shall have one (1) Head Coach and no more than TWO (2) Assistant Coaches on the team bench at any time. **Only 3 coaches are allowed on the bench during a game. NO INDIVIDUALS, OTHER THAN THE 3 COACHES AND/OR PLAYERS LISTED ON THE ROSTER, WILL BE ALLOWED ON THE BENCH AT ANY TIME DURING A GAME.**
4. **All coaches must display** a valid Chesterfield County Background Check Card in order to be on a team bench and participate in coaching during a game.
5. **All first year coaches** must attend a mandatory clinic on playing rules and requirements. All senior coaches must attend a mandatory clinic prior to the beginning of the season. Failure to attend these clinics will prohibit the coach from being approved by the league.
6. **Should a team have an illegal player on the roster and play THREE (3) or more games, the team will become ineligible for any post season participation regardless of their season record.** As indicated elsewhere in these rules, Head Coaches are responsible for team conduct, training and eligibility. If an illegal player is confirmed by the Executive Board, the Head Coach will immediately be suspended from further participation in any League activities.

IV. GENERAL LEAGUE PROVISIONS:

1. Basketball sponsored by the CHESTERFIELD BASKETBALL LEAGUE (CBL) is for participants' age **seven (7) years (ROOKIE DIVISION ONLY)** through eighteen (18) years.

2. A division functions on the basis of age as of December 31, 2015.
3. Eighteen (18) year old players **CANNOT** participate if they reach the age of nineteen (19) prior to **the end of the Senior Division season**. Seven (7) year old players **MUST** be seven prior to December 31, 2015.
4. **SENIORS:** All eighteen (18) year old players must be enrolled in High School as a current student or in an approved Home School Program.
5. **ALL PLAYERS MUST RESIDE in CHESTERFIELD COUNTY.**

V. PLAYER ELIGIBILITY:

1. Any player shall be eligible to play who has reached the age of Seven (7) by December 31, 2015 and has not reached the age of NINETEEN (19) prior to the end of the Senior Division Season.
2. Children in Home School Programs are eligible to participate providing they are not a member of an official home school team as indicated in paragraph 3.
3. **If a player has been listed on the roster of any official school basketball team, whether public, private or parochial, during the current school year, the player will be considered an illegal player on any team roster at any Division level with the following exception:**
 - a. **Sixth (6th) grade Middle School Team players only, will be allowed to participate on Intermediate “A” teams only.**
4. All players must have a Registration Form (permission slip) filled out and signed by their parent or legal guardian **prior to the first practice** which should be turned in to their appropriate association representative to be filed with the official team roster with the League. Registration Forms are available on the League website.
5. All players must present a copy of their birth certificate at the time and place designated by the DIVISION COMMISSIONER if they have not previously registered to participate with Chesterfield Basketball.
6. All players must play with the association in the Elementary School District in which he resides and would normally attend as of December 31st of the playing year with the following exceptions:
 - A. Those players who live in an Elementary School District that has no organized athletic association may, with Executive Board approval, participate with **any** other Association.

- B. If an Association located in the player's Elementary School Boundary does not field a team in his age group, these players do not need a written release but **will be** counted as **free agents**. They will be allowed to play in any association.
 - C. Elementary school players who have been approved to attend a school other than their home school may participate with the school's association of which they are attending without a release from their home association. These players will be considered **free agents**.
 - D. Those players who are cut or released from an Association team shall be allowed to participate with another Association, providing a release is obtained from the home Association and is signed by the President or Voting Representative of that Association and approved by the appropriate **DIVISION COMMISSIONER or LEAGUE COMMISSIONER**.
 - E. Those children of parents who served as a Head Coach, Assistant Coach or a member of an Association Board of Directors the previous year for an association that is not in the participants Elementary School boundary may, with Executive Board approval, participate in that Association provided his or her parent serves as Head Coach, Assistant Coach or member of that Association Board of Directors.
 - F. All waivers must be signed by the home association Voting Representative **prior** to the final team turn-in. After that date, **players** not desiring to play for their home association will be assigned to teams by the League Commissioner.
7. The use of an **ineligible player** in a game shall warrant forfeiture of that game. Ineligible players contained on the **COMMISSIONER'S** roster shall cause forfeiture of all prior games until the name is removed whether or not he participates.

VI. LEAGUE ROSTERS AND AGE BRACKETS

1. Every Association must present a roster for each team they plan to participate for each age bracket. Rosters are due when requested by the League. Failure to provide team rosters when required may preclude the team from being a participant in the League playing schedule. **ONE (1) typewritten** copy of the certified team roster with the players listed in alphabetical order must be turned into the Executive Board on the specified date. The team roster will include the Association name, Team Name, Head Coach, Assistant Coaches, Coach's background check numbers, players' names, birth date, age, address and telephone number. **The rosters must be signed by the Head Coach and Voting Representative.** The Head Coach's / Voting Representative's signatures on the roster certifies that he/she and all assistants have reviewed and agree to abide by all League rules, certify all information is accurate and all players reside in their Association area or have a valid release. **The roster must also include the e-mail address for the head coach.**
2. After team rosters have been submitted to the DIVISION COMMISSIONER, a Coach must have **written** approval from the DIVISION COMMISSIONER to either replace or add additional players and a player shall not be cut from or prevented from being a member of any team, as long as the player abides by the rules established by the League and Association of which he is a member. The ideal team structure would be to have TEN (10) player rosters. Once team rosters have been submitted to the respective commissioner, **no**

additional players may be added if the team has TEN (10) or more players. Players may be added after January 1st only **if** the team roster falls below TEN (10) players. Once the team roster has been submitted, players may NOT change teams (laterally, backward or upward) within the Association or change Associations without the Division Commissioner's approval. If a team roster is changed, a revised copy of the roster shall be submitted to the **DIVISION COMMISSIONER. No roster shall be amended for POST SEASON PLAY.** In order for a player to participate in POST SEASON PLAY, the player must have been on an active CBL roster for at least 25% of the regular scheduled games. **EXCEPTION:** If a team folds during the season, players on that team roster will become free agents and may be added to rosters having **less than TEN (10) players.**

3. Division Eligibility - Age brackets are as follows:
 - A. Rookie – 7 Years or 8 years.
 - B. Cub - 9 Years and under (Recommend first year players, age 8 or 9, play in this League for one year. 7 year old players not eligible for this Division).
 - C. Bear – 10 Years and under.
 - D. Minor - 11 Years and under.
 - E. **Nets – 12 Years and under**
 - F. Intermediate - 13 Years and under.
 - G. Junior - 15 Years and under.
 - H. Senior - 18 Years and under.

VI. PRACTICE

1. CBL will act as liaison between the Associations and the Chesterfield County Parks & Recreation Department in scheduling practice times in those facilities which the Parks & Recreation Department has obtained and for which they are responsible. A practice schedule will be distributed by the League to each Association indicating the facility, the date and the times which they will have practice. The Associations will be responsible to provide a schedule to their coaches for individual team practices using the assigned times and facilities provided by the League.

VII. LEAGUE SCHEDULES

1. **REGULAR SEASON PLAY:**
 - A. Senior – Cub Divisions: Each conference will be provided a 10 game schedule whereas each Association will play all other Associations in that conference.
Rookie Divisions: The League will schedule clinics for the first four Saturday's of the season and then an **8** game playing schedule.
 - B. Conference Champions will be decided by conference games won. Conference games will be determined by the League.
 - C. In the event of a tie for positions in the standings, the order of finish shall be decided under the following:
 - i. First - Result of head to head competition.
 - ii. Second - Toss of a coin.

2. **POST SEASON PLAY:**

- A. A post season tournament will be determined by the Executive Board.
- B. The Executive Board will provide a schedule for all **POST SEASON GAMES**.
- C. Playoff seeding for post season play will be decided by total record of **all** games **WON/LOSS**.

VIII. GENERAL GAME PROVISIONS (Rookie Division – Senior Divisions)

- 1. All games shall be governed by High School Federation Rules, except where these rules have been amended by the Chesterfield Basketball League Playing Rules & Provisions.
- 2. Coaches or Teams **may not waive** any League rule or provision by mutual agreement. **If done, a double loss will occur.**
- 3. Tie Games will be decided by High School Federation Rules.
- 4. A Supervising League Official **may** attend each scheduled game and wear League **Identification**. They will introduce themselves to the Head Coach of each team and the referee officials prior to the beginning of each game.
- 5. **A CLOCK OPERATOR**, who must be at least a freshman in High School, will be furnished by the League for each game.
- 6. The HOME team will be indemnified on the schedule and will assume all responsibilities of the HOME team.
- 7. All League games will start at the time listed on the schedule. **There is no grace period on starting a game.** However, if prior to a scheduled game time, both teams and coaches are present, the game MAY START FIFTEEN (15) MINUTES ahead of the scheduled game time, **if both coaches agree. PLEASE BE PROMPT.**
- 8. All players and coaches are to be at the gym **ONE HALF HOUR** prior to a scheduled game time. **Coaches should exchange rosters and have score books completed no later than ten (10) minutes prior to scheduled game start time.**
- 9. Teams must be present with a minimum of **FIVE (5) players** and a **certified coach** at scheduled game time. Failure to provide the minimum number of players at the scheduled game time will result in forfeiture by the offending team.
- 10. Each team shall supply a scorekeeper of at least **SIXTEEN (16) years of age**, with the **home team being the Official Scorekeeper.**

11. **Only official coaches (who display a valid Background Check Card) and players that are listed on the team roster will be allowed to sit on a team bench. No spectators or other individuals will be allowed to sit on the team bench. All players must remain seated on the bench and will not be allowed to leave the bench except for purposes of substitution, official time out for coaches meetings, end of quarter and/or half time breaks or spontaneous reactions to a play. Penalty -TWO (2) SHOT TECHNICAL FOUL CHARGED AS A BENCH TECHNICAL TO THE HEAD COACH.**
12. **ONE coach may arise in front of their bench area only to instruct or coach their team or player(s). Coaches, while standing, may not question or comment to any official. Violation of this rule will result in an automatic technical foul on the bench.**
13. **Players are not permitted to bring personal basketballs to the gyms on the day of the scheduled game or practices. Coaches are not permitted to issue a basketball to a player until it is time for his team to take the court for warm-up. Penalty - TWO (2) SHOT TECHNICAL FOUL.**
14. **After a SENIOR Team has a TWENTY-FIVE (25) point lead, or a JUNIOR Team has a TWENTY (20) point lead, or an INTERMEDIATE, NETS or MINOR A TEAM has a FIFTEEN (15) point lead, the TEAM WITH THE ADVANTAGE MUST NOT PRESS and must play a ZONE defense. The ZONE should be retained BEHIND the THREE (3) point line for SENIOR through INTERMEDIATE Divisions. The ZONE defense shall not be extended to the mid-court area in gyms without THREE (3) point marking.**
 - A. **MINOR B, BEAR, CUB & ROOKIE TEAMS ONLY:**
When there is a Fifteen (15) point advantage, the team with the advantage must remain in the foul lane or “paint area”. No traps will be allowed after gaining the lead “advantage”. There will be NO DEFENSE allowed in the backcourt except for the last TWO (2) minutes of a regular game or the last ONE (1) minute of any overtime. Penalty – ALL DIVISIONS -TWO (2) SHOT TECHNICAL FOUL. This foul does not count as an unsportsmanlike technical foul but does count toward total team fouls and technical fouls as a CBL rules violation. The obvious intent of this rule is to encourage sportsmanship by ALL TEAMS.
15. **CHEERLEADERS will have Three (3) minutes for their presentations at half time. PLEASE NOTE THAT NO PLAYERS ARE TO BE ON THE FLOOR OR BOUNCING BASKETBALLS DURING THE CHEERLEADERS PRESENTATIONS. Penalty - TWO (2) SHOT TECHNICAL FOUL, which will count as a personal and team foul for the offending team.**
16. **Inclement Weather:** If games are postponed due to adverse weather conditions, Voting Representatives of each Association will be notified as soon as possible with the date/time for the game changes. Coaches should contact their Division Commissioner if they are in

doubt and have not been notified. The League Commissioner will reschedule the date, time and location of all postponed games.

17. Complaints or protests, if not specifically covered in the rules, must be presented in writing to the Executive Board for consideration. Intent to protest a game must be announced to the Referee, or League Official before the end of the protested game. Protests must be received in writing by the League Commissioner within **48** hours after the end of the game being protested. Each protest must be accompanied by a fee of **\$100.00** to warrant consideration by the League. Said fee will be refunded if the protest is upheld. Protests will not be considered for judgment calls. Protests will be considered for violations of the rules **only!**

IX. UNIFORMS & EQUIPMENT (Rookie Division – Senior Divisions)

1. Each team must have jerseys as described in the **High School Federation Rules**.
2. If utilized, undershirts **must follow the High School Federation Rules**.
3. All players must wear non-marking basketball shoes.
4. The **HOME** team shall be responsible to insure that uniforms colors do not conflict at games. Each team uniform color will be placed on the playing schedule. Appeals concerning possible conflicts shall be made to the appropriate Division Commissioner, or the Head Coach or home team will be suspended one game for failure to comply. **If one team does not have reversible uniforms and the official has indicated a conflict exists, the team with the reversible uniform will change, regardless of their Home team status.**
5. Jerseys will not be removed by any players on the bench until the game has been completed and both teams have left the playing floor. **Penalty – a TWO (2) SHOT TECHNICAL FOUL CHARGED TO THE OFFENDER** as an Unsportsmanlike Conduct Technical Foul.
6. All players must remove **ALL** jewelry prior to warm up. **Penalty - TWO (2) SHOT TECHNICAL FOUL PER PLAYER**, which also counts as personal and team foul. Any stoppage of game due to improper equipment will result in a **TWO (2) SHOT TECHNICAL FOUL for delay of the game. NO STOCKING HATS PERMITTED.** Headbands are permitted.

X. PARTICIPATION:

1. **MINOR – JUNIOR DIVISION: ALL B DIVISION PLAYERS** must sit out at least **ONE (1)** full quarter, from start to finish, during each game. The **must sit rule** will also apply to all **Rookie, Bears and Cubs Teams**. The obvious intent of this rule is to encourage participation of all players in the League. The violation of the **spirit** of this rule

will be reviewed by the League and/or Division Commissioner and may result in suspension or disciplinary action against the Coach or team. Violation of this rule will result in a **TWO (2) SHOT TECHNICAL FOUL per ineligible player**. The ineligible player or players must be removed from the game for that quarter. **ALL** illegal substitutions (based on substitution rules) must be protested before the end of that quarter. **TEAMS** may call an **OFFICIAL** timeout to question the substitution rule. This timeout **WILL NOT** be charged to either team. **There are no exceptions for injured players**. Every player must still sit a full quarter. Teams may play with less than 5 players other than the start of the game.

2. **CUBS – SENIOR DIVISION: If a team will have no more than 6 players present for a game, the association voting representative may elect to bring up players only for the scheduled game. No more than 8 Players can be on the bench if players are brought up. Players can move from B levels to A but cannot move from A levels to B. A player can only play one game a day and may not return to his original team to play another game on the same day. Every “moved” player must still sit a full quarter. The League Commissioner must be notified by e-mail and approve moving players prior to the game. The intent is to prevent possible forfeits.**

XI. PLAYING TIME (Rookie Division – Senior Divisions)

1. **PLAYING TIME – ROOKIE, BEARS, CUBS, MINORS, NETS AND INTERMEDIATES:** SIX (6) minute quarters, stopping the clock each time the Official whistle blows. There will be **Three (3)** minutes between halves and **One (1)** minute between quarters. Time outs by High School Federation Rules.
2. **PLAYING TIME - JUNIORS:** SEVEN (7) minute quarters, stopping the clock each time the Official whistle blows. There will be **Three (3)** minutes between halves and **One (1)** minute between quarters. Time outs by High School Federation Rules.
2. **PLAYING TIME - SENIORS:** EIGHT (8) minute quarters, stopping the clock each time the Official whistle blows. There will be **Three (3)** minutes between halves and **One minute (1)** minutes between quarters. Time outs by High School Federation Rules.
3. **All overtimes will be Three (3) minutes.**

XII. SCOREBOOKS & GAME ROSTERS

1. The **home team bench** will be to the **left side of the scorer’s table** with the **visiting team’s bench** to the **right side**. **Right or left is determined when viewing the scorer’s table from the floor.**
4. **Score books** will be furnished by the League (ONE (1) per team). Score books must be completed **TEN (10)** minutes prior to the scheduled starting time of the game. **All players are to be listed in numerical order of their uniform. Penalty TWO (2) shot technical foul.**

3. Each team will provide a Roster to the opposing team's scorekeeper listing each player's name and uniform number in numerical order. Rosters can be returned once scorebooks are complete and do not have to be retained. Coaches will exchange rosters and sign the official scorebook prior to 10 minutes before the start of each game. Violation of this rule shall result in a TWO (2) shot technical foul.
4. **WINNING COACHES** are responsible for reporting game scores to the appropriate commissioner. All game scores are to be reported to the commissioners **within TWENTY-FOUR (24) HOURS** following completion of a regularly scheduled game. Failure to report the scores by the deadline will result in a loss being posted for both teams.

XIII. PLAYING RULES & PROVISIONS PER DIVISION

A. SENIOR A & B DIVISIONS

1. Senior A & B teams will use a regulation size basketball, **29.5 inches**.
2. Senior A & B teams will play by High School Federation Rules with the exception of the League provision addressing two unsportsmanlike technical fouls resulting in a game forfeiture, League provisions addressing unsportsmanlike conduct and all League provisions addressing coach's rules and rules governing personnel on the bench.
3. There is **no must sit rule** for the Senior Division.
4. **Three (3)** point field goals will be allowed.
5. There will be no pressing allowed in the back court by defensive players once a team has achieved a **twenty-five (25)** point advantage. Players on the "**advantage team**" must remain behind the three point line once they achieve the **25 point advantage**. **This rule applies to both A & B levels. Violation of this rule will result in a TWO SHOT (2) technical foul.**

B. JUNIOR A & B DIVISIONS

1. Junior A & B teams will use a regulation size basketball, **29.5 inches**.
2. Junior A & B teams will play by High School Federation Rules **and all** special League Rules and Provisions.
3. The must sit rule will apply to the **B** Division only.
4. **Three (3)** point field goals will be allowed.

5. There will be no pressing allowed in the back court by defensive players once a team has achieved a **twenty (20)** point advantage. Players on the “**advantage team**” must remain behind the three point line once they achieve the **20 point advantage. This rule applies to both A & B levels. Violation of this rule will result in a TWO SHOT (2) technical foul.**
6. **Junior B teams are not allowed to press in the backcourt on any inbound pass until the last TWO (2) minutes of the fourth quarter and the last One (1) minute of each subsequent overtime period. They may play defense in the backcourt after a rebound or a turnover.**

C. INTERMEDIATE A & B DIVISIONS

1. Intermediate A & B teams will use a youth basketball (one inch smaller in circumference than a regulation size basketball, **28.5 inches**)
2. Intermediate A & B teams will play by High School Federation Rules **and all** special League Rules and Provisions.
3. The must sit rule will apply to the **B** Division only.
4. **Three (3)** point field goals will be allowed for **Intermediate A only**.
5. There will be no pressing allowed in the back court by defensive players once a team has achieved a **fifteen (15)** point advantage. Players on the “**advantage team**” must remain behind the three point line once they achieve the **15 point advantage. Violation of this rule will result in a TWO SHOT (2) technical foul.**
6. **For Intermediate B Teams only**: no pressing by defensive players will be allowed in the back court **on any inbound pass until the last two (2) minutes of the fourth quarter and the last ONE (1) minute of each subsequent overtime period.** The defensive players cannot press the offensive players until the player or the ball has crossed half court. **Intermediate B** players may press after a rebound and will also be allowed to use a full court press on an inbound pass in the **last TWO (2) minutes of the fourth quarter and the last ONE (1) minute of each subsequent overtime period.**

D. NETS A & B DIVISIONS

1. Nets A & B teams will use a youth basketball (one inch smaller in circumference than a regulation size basketball, **28.5 inches**)
2. Nets A & B teams will play by High School Federation Rules **and all** special League Rules and Provisions.

3. The must sit rule will apply to the **B** Division only.
4. **Three (3) point field goals** will be allowed for **Nets A only**.
5. There will be **no** pressing allowed in the back court by defensive players once a team has achieved a **fifteen (15) point advantage**. Players on the “**advantage team**” must remain behind the three point line once they achieve the **15 point advantage**. **This rule applies to both A & B levels. Violation of this rule will result in a TWO SHOT (2) technical foul.**
6. **For Nets B Teams only**, no pressing by defensive players will be allowed in the back court **on any inbound pass until the last two (2) minutes of the fourth quarter and the last ONE (1) minute of each subsequent overtime period**. The defensive players cannot press the offensive players until the player or the ball has crossed half court. **Nets B** players may press after a rebound and will also be allowed to use a full court press on an inbound pass in the **last TWO (2) minutes of the fourth quarter and the last ONE (1) minute of each subsequent overtime period**.

E. MINOR A & B DIVISIONS

1. Minor A & B teams will use a youth basketball (one inch smaller in circumference than a regulation size basketball, **28.5 inches**).
2. The foul line will be moved in **three (3) feet** from the regular line. **Minor A coaches only, will have the option for players to shoot from the regular foul line**. Only **three (3)** players may line up on each side of the lane for a foul shot.
3. Minor A & B teams will play by High School Federation Rules **and all** special League Rules and Provisions.
4. The must sit rule will apply to the **B** Division only.
5. There is **no** three (3) point field goal allowed for the Minor Division.
6. **Minor A** players **only** may press after a rebound or turnover the whole game. **All Teams** will be allowed to play defense in the backcourt the **last TWO (2) minutes of the fourth quarter and the last ONE (1) minute of each subsequent overtime period**.
7. There will be **no** pressing allowed in the back court by defensive players once a team has achieved a **fifteen (15) point advantage**. **The “advantage team” will remain behind the top of the foul line arc once they achieve a 15 point lead**. **This rule applies to both A & B levels. Violation of this rule will result in a TWO SHOT (2) technical foul.**

F. BEAR AND CUB DIVISION

1. Bear and Cub teams will use a youth basketball (one inch smaller in circumference than a regulation size basketball, **28.5 inches**).
2. The foul line will be moved in **three (3) feet** from the regular line. Only **three (3)** players may line up on each side of the lane for a foul shot.
3. Bear and Cub teams will play by High School Federation Rules **and all** special League Rules and Provisions.
4. The must sit rule **will apply** to this Division.
5. There is **no** three (3) point field goal allowed for the Bear and Cub Divisions.
6. **No defense is allowed until the offensive player with the ball has completely crossed the mid-court line.**
7. **All Teams** will be allowed to play defense in the backcourt the **last TWO (2) minutes of the fourth quarter and the last ONE (1) minute of each subsequent overtime period.**
8. There will be **no** pressing allowed in the back court by defensive players once a team has achieved a **fifteen (15)** point advantage. **This rule applies to both A & B levels. The “advantage team” will remain behind the top of the foul line arc once they achieve a 15 point lead. Violation of this rule will result in a TWO SHOT (2) technical foul.**

G. ROOKIE DIVISION

1. The purpose of this division is to properly train and prepare players for regular league play. Coaches are encouraged to help correct mistakes and work with the referees to convey proper fundamentals of basketball to each and every player rather than solely focusing on winning. **The conduct and attitude of the coach is the most important factor for this age group. Coaches are reminded that young players are very impressionable and their conduct has to be exemplary. Coaches can make this a learning experience as well as a fun experience. It is suggested that coaches involve the parents as much as possible in practices and to reinforce team achievements.**
2. Players must be age Seven (7) by December 31, 2015. NINE (9) year old players may participate if this is their first year in organized basketball and with the permission of the League Commissioner.

3. Teams will be organized by Association boundary lines. Those Associations that **DO NOT** have enough players to form a team or who may have **too many** players for one team are encouraged to join with a neighbor Association to form a team or teams.
4. The must sit rule **will apply** to this Division.
5. Associations are encouraged to have a **minimum of EIGHT (8)** players and a **maximum of TWELVE (12)** players per team.
6. The League will schedule one each Clinic for the first four (4) Saturday's of the season.
7. The League will schedule seven (7) games beginning after the completion of the Clinics.
8. The GAMES will be played utilizing **CUB** rules with exceptions as noted. The League will provide two Referees and a clock keeper for these games.
9. Rookie teams will use a youth basketball (one inch smaller in circumference than a regulation size basketball, **28.5 inches**).
10. Coaches will be provided scorebooks but DO NOT call in any SCORES as there WILL NOT be published standings or playoffs. There will be **no** overtime periods in the Rookie Division. This division will play 4 (each) 6 minute quarters.
11. **THIS DIVISION IS FOR INSTRUCTION AND TRAINING. IT IS INTENDED TO PROVIDE A TRANSITION TO THE MINOR, BEAR & CUB BASKETBALL LEVEL.**

APPENDIX

A. DEFINITIONS

1. INELIGIBLE PLAYER

- a. A player that does not live within the Association boundary in which he is registered to play and has not been approved by the Division Commissioner. Protests for ineligible players must be presented to the League Commissioner prior to the team's 4th game.
- b. A player that has been suspended from school and has not returned to classes prior to participating in a game.
- c. A player that has participated in a game but is not listed on a roster that has been received and approved by the appropriate Division Commissioner.

2. ILLEGAL PLAYER

- a. A player who has played for or is playing for a school team during the current season.
- b. A player who is not a resident of Chesterfield County.
- c. A player who is participating in the incorrect age bracket.

3. INELIGIBLE COACH

- a. A coach that does not have a current Chesterfield County Background Check number.
- b. A coach that has not completed the appropriate association concussion training.
- c. A coach that is not listed on the team roster that was provided to the League during registration.
- d. A coach that has been suspended by either the League or the appropriate association.